

PARENT/GUARDIAN OVERVIEW
SOCIAL EMOTIONAL LEARNING (SEL) SURVEY RESULTS FOR GRADES 3-12

During the 2022-23 school year, the Social and Emotional Learning (SEL) Survey was given two times:

- One time in the fall (October 24-November 4, 2022)
- One time in the Spring (April 24-28, 2023)

The SEL Survey was given to students in grades 3-12. Students who participated in the survey and their families will receive individual reports about their results.

Why is SEL Important? Social-emotional learning describes the mindsets, skills, attitudes, and feelings that help students succeed in school, career, and life.

The survey is used to gather information about students' SEL skills in four areas. These results are a tool for families to develop a more complete picture of their student's current strengths and areas in which they can continue to build skills.

SEL Competency Area	Description
Growth Mindset	Student perceptions of whether they have the potential to change those factors that are central to their performance in school.
Self-Efficacy	How much students believe they can succeed in achieving academic outcomes.
Self-Management	How well students manage their emotions, thoughts, and behaviors in different situations.
Social Awareness	How well students consider the perspectives of others and empathize with them.

Understanding Your Student's SEL Survey Results:

Each survey topic is given a rating based on your student's responses. The rating results help you understand your student's level of strength in each topic area. The report will give a brief description of the topic area and a suggestion of an action to take to increase skills.

Rating (1.0-5.0)	Category
4.3-5.0	High Strength
3.5-4.29	Strength
2.0-3.49	Medium Strength
Less than 2.0	Low Strength
"No rating"	No responses recorded

Here are some helpful tips for talking with your student about their SEL Survey results:

- Reflect on both strengths and areas for growth. They are equally important.
- Remind your student that the report is not a "grade." Instead, it is a chance to reflect on their experiences.
- Follow your student's lead. Some students may be able to talk openly about their feelings and experiences. Others may need to have shorter conversations or be active while you talk. You can discuss these while taking a walk together or driving in the car.
- End on a positive note. Ask, "What did your student learn about themselves? What are their strengths? Who can they ask for help if they need it?"

If you have questions about this report or your student's strengths and needs, please reach out to your school counselor, school psychologist, or school social worker.