



	2023 Monthly Retiree Rate	2023 Monthly Dependent Rate	2023 TOTAL Monthly Retiree and Dependent Rate	2023 Monthly APS Contribution	2023 Total  Monthly Rate**	2022 TOTAL Monthly Retiree and Depender <u>Rat</u> e
Retiree under 65						
Retiree enrolled with						
20+ Years	\$158.90	n/a	\$158.90	\$563.36	\$722.25	\$144.66
.5 - 19 Years	\$361.12	n/a	\$361.12	\$361.13	\$722.25	\$328.76
.0 - 14 Years	\$505.57	n/a	\$505.57	\$216.68	\$722.25	\$460.26
- 9 Years	\$252.26	n/a	\$650.02	\$72.23	\$722.25	\$591.77
Retiree under 65, Sp						
•	rolled with Kaiser HMO					
0+ Years	\$525.62	n/a	\$525.62	\$954.99	\$1,480.61	\$478.49
5 - 19 Years	\$814.34	n/a	\$814.34	\$666.27	\$1,480.61	\$741.33
0 - 14 Years	\$1,110.46	n/a	\$1,110.46	\$370.15	\$1,480.61	\$1,010.90
- 9 Years	\$1,332.55	n/a	\$1,332.55	\$148.06	\$1,480.61	\$1,213.08
Retiree under 65, ar						
•	n) enrolled with Kaiser HM		4	4054.00	ģ1 22C 1C	4
0+ Years	\$474.34	n/a	\$474.34	\$861.82	\$1,336.16	\$420.09
5 - 19 Years	\$734.89	n/a	\$734.89	\$601.27	\$1,336.16	\$650.85
0 - 14 Years - 9 Years	\$1,002.12 \$1,202.54	n/a n/a	\$1,002.12 \$1,202.54	\$334.04 \$133.62	\$1,336.16 \$1,336.16	\$887.52 \$1,065.02
	oouse under 65, and Chi Child(ren) enrolled with I \$860.20		\$860.20	\$1,306.54	\$2,166.74	\$761.83
.5 - 19 Years	\$1,300.04	n/a	\$1,300.04	\$866.70	\$2,166.74	\$1,151.38
0 - 14 Years	\$1,733.39	n/a	\$1,733.39	\$433.35	\$2,166.74	\$1,535.18
- 9 Years	\$1,950.06	n/a	\$1,950.06	\$216.67	\$2,166.74	\$1,727.06
Retiree under 65, Sp	oouse 65+ Kaiser HMO, Spouse enro	olled with Kaiser I	Medicare Advantage			
0+ Years	\$158.90	\$140.34	\$299.05	\$703.51	\$1,002.54	\$289.37
5 - 19 Years	\$361.13	\$168.40	\$529.30	\$473.24	\$1,002.54	\$498.17
	\$505.57	\$224.54	\$729.80	\$272.74	\$1,002.54	\$685.57
	φοσοίο,		\$902.28	\$100.26	\$1,002.54	\$843.23
0 - 14 Years	\$650.02	\$252.60	3302.28			
0 - 14 Years - 9 Years Retiree under 65, ar	nd Child(ren), Spouse 65	+	·			
0 - 14 Years - 9 Years Retiree under 65, ar Retiree and Child(rer	nd Child(ren), Spouse 65 n) enrolled with Kaiser HM	+ IO, Spouse enrolle	ed with Kaiser Medical		\$1 760 90	¢59422
0 - 14 Years - 9 Years  Retiree under 65, ar Retiree and Child(rer 0+ Years	nd Child(ren), Spouse 65 a) enrolled with Kaiser HM \$525.62	+ IO, Spouse enrolle \$140.34	ed with Kaiser Medical \$665.77	\$1,095.14	\$1,760.90 \$1,760.90	\$584.32 \$237.40
0 - 14 Years - 9 Years  Retiree under 65, ar Retiree and Child(rer 0+ Years 5 - 19 Years	nd Child(ren), Spouse 65 a) enrolled with Kaiser HM \$525.62 \$814.34	+ (O, Spouse enrolle \$140.34 \$168.40	ed with Kaiser Medical \$665.77 \$982.51	\$1,095.14 \$778.39	\$1,760.90	\$837.40
0 - 14 Years - 9 Years  Retiree under 65, ar Retiree and Child(rer 0+ Years	nd Child(ren), Spouse 65 a) enrolled with Kaiser HM \$525.62	+ IO, Spouse enrolle \$140.34	ed with Kaiser Medical \$665.77	\$1,095.14	<u> </u>	

Retiree 65+ (and Medicare eligible): Kaiser Permanente Medicare Advantage

Spouse and/or Dependent Children: Kaiser Permanente HMO

10 - 14 Years

5 - 9 Years

\$196.20

\$252.26

\$448.46

\$504.52



	2023 Monthly Retiree Rate	2023 Monthly Dependent Rate	2023 TOTAL Monthly Retiree and Dependent Rate	2023 Monthly APS Contribution	2023 Total Monthly Rate**	2022 TOTAL Monthly Retiree and Dependen <u>R</u> ate
Retiree 65+						_
	l with Kaiser Medicare Ad	vantage				
0+ Years	\$61.66	n/a	\$61.66	\$218.63	\$280.29	\$61.75
5 - 19 Years	\$140.15	n/a	\$140.15	\$140.15	\$280.29	\$140.34
0 - 14 Years	\$196.20	n/a	\$196.20	\$84.09	\$280.29	\$196.47
- 9 Years	\$252.60	n/a	\$252.60	\$28.03	\$280.29	\$252.60
	nd Spouse under 65	0				
	with Kaiser Medicare Ad			Ć570.75	Ć4 002 F4	
0+ Years 5 - 19 Years	\$61.66 \$140.15	\$361.13 \$433.35	\$422.79 \$573.50	\$579.75 \$429.05	\$1,002.54 \$1,002.54	\$390.52
0 - 14 Years	\$140.13	\$433.35	\$774.00	\$228.54	\$1,002.54	\$534.86
- 9 Years	\$252.26	\$650.03	\$902.29	\$100.26	\$1,002.54	\$722.49 \$844.38
otinos CE . or	ad 4 Child					\$844.38
etiree 65+ ar etiree enrolled	ld I Ghild I with Kaiser Medicare Ad	vantage, Child eni	rolled with Kaiser HMO			
0+ Years	\$61.66	\$361.13	\$422.79	\$579.75	\$1,002.54	\$390.52
5 - 19 Years	\$140.15	\$433.35	\$573.50	\$429.05	\$1,002.54	\$534.86
) - 14 Years	\$196.20	\$577.80	\$774.00	\$228.54	\$1,002.54	\$722.49
- 9 Years	\$252.26	\$650.03	\$902.29	\$100.26	\$1,002.54	\$844.38
	nd 2 or more Children					
Retiree enrolled	l with Kaiser Medicare Ad	vantage, Children	enrolled with Kaiser HMO			\$669.94
0+ Years	\$61.66	\$668.08	\$729.74	\$886.71	\$1,616.45	\$870.16
5 - 19 Years	\$140.15	\$801.70	\$941.85	\$674.61	\$1,616.45	\$1.169.57
) - 14 Years	\$196.20	\$1,068.93	\$1,265.13	\$351.32	\$1,616.45	\$1,347.33
- 9 Years	\$252.26	\$1,202.54	\$1,454.80	\$161.65	\$1,616.45	\$1,547.55
Retiree 65+, S	pouse under 65, and C	hild(ren)				
etiree enrolled	w/ Kaiser Medicare Advar	ntage, Spouse enro	olled w/ Kaiser HMO, Child(	ren) enrolled w/ Kaise		
0+ Years	\$61.66	\$668.08	\$729.74	\$886.71	\$1,616.45	\$669.94
5 - 19 Years	\$140.15	\$801.70	\$941.85	\$674.61	\$1,616.45	\$870.16
0 - 14 Years	\$196.20	\$1,068.93	\$1,265.13	\$351.32	\$1,616.45	\$1,169.57
- 9 Years	\$252.26	\$1,202.54	\$1,454.80	\$161.65	\$1,616.45	\$1,347.33
	nd Spouse 65+					
			enrolled with Kaiser Medic		4	¢202.00
0+ Years	\$61.66	\$140.15	\$201.81	\$358.78	\$560.59	\$202.09
5 - 19 Years	\$140.15	\$168.17	\$308.32	\$252.27	\$560.59	\$308.74 \$421.01
) - 14 Years - 9 Years	\$196.20 \$252.26	\$224.23 \$252.26	\$420.43 \$504.52	\$140.15 \$56.06	\$560.59 \$560.59	\$535.10
	·	·	<b>,</b>	75 333		
	pouse 65+, and 1 Child		w/ Kaiser Medicare Advantag	e. 1 Child enrolled w/ K	aiser HMO	
0+ Years	\$61.66	\$405.45	\$467.11	\$624.09	\$1,091.20	\$530.84
5 - 19 Years	\$140.15	\$486.55	\$626.70	\$464.51	\$1,091.20	\$703.26
) - 14 Years	\$196.20	\$648.73	\$844.93	\$246.27	\$1,091.20	\$947.03
- 9 Years	\$252.26	\$729.82	\$982.08	\$109.12	\$1,091.20	\$1,096.98
etiree 65+, S	pouse 65+, and 2 or mo	ore Children				
		•	w/ Kaiser Medicare Advantag	•		
0+ Years	\$61.66	\$808.22	\$869.88	\$869.88	\$1,896.74	\$810.26
5 - 19 Years	\$140.15	\$969.87	\$1,110.02	\$1,110.02	\$1,896.74	\$1,038.56
0 - 14 Years	\$196.20	\$1,293.16	\$1,489.36	\$1,489.36	\$1,896.74	\$1,394.10
- 9 Years	\$252.26	\$1,454.81	\$1,707.07	\$1,707.07	\$1,896.74	\$1,599.94
	pouse 65+, and 1 Medi					
Retiree enrolled v Idvantage	w/ Kaiser Medicare Advantag	e, Spouse enrolled	w/ Kaiser Medicare Advantag	e, and Child enrolled w	/ Kaiser Medicare	
0+ Years	\$61.66	\$280.29	\$341.95	\$498.92	\$840.88	\$342.42
.5 - 19 Years	\$140.15	\$336.35	\$476.50	\$364.38	\$840.88	\$477.14
	· · · · · ·	+0.00	, •.••	,	+ 3.00	CAE EA

<sup>\*\*</sup>If a covered retiree dies, the surviving spouse and/or dependent children may continue coverage by paying the full cost of the premium by personal check. If the surviving spouse also is a retiree of Arlington Public Schools, he or she may elect to continue coverage with the School Board's contribution computed based on the surviving spouse's service.

\$196.21

\$84.09

\$840.88

\$840.88

\$645.54

\$757.81

\$644.66

\$756.78





	2023 Monthly Retiree Rate	2023 Monthly Dependent Rate	2023 TOTAL Monthly Retiree and Dependent Rate	2023 Monthly APS Contribution	2023 Total Monthly Rate**	2022 TOTAL Monthl Retiree and Depende <u>Rat</u> e
Retiree under 65						
Retiree enrolled with	Cigna LOW					
20+ Years	\$165.26	n/a	\$165.26	\$470.34	\$635.60	\$157.99
5 - 19 Years	\$317.80	n/a	\$317.80	\$317.80	\$635.60	\$303.83
.0 - 14 Years	\$444.92	n/a	\$444.92	\$190.68	\$635.60	\$425.36
- 9 Years	\$572.04	n/a	\$572.04	\$63.56	\$635.60	\$546.89
Retiree under 65, Sp	ouse under 65					
Retiree & Spouse enr	olled with Cigna LOW					
0+ Years	\$520.56	n/a	\$520.56	\$814.20	\$1,334.76	\$497.67
5 - 19 Years	\$734.12	n/a	\$734.12	\$600.64	\$1,334.76	\$701.84
0 - 14 Years	\$1,001.07	n/a	\$1,001.07	\$333.69	\$1,334.76	\$957.05
- 9 Years	\$1,201.28	n/a	\$1,207.28	\$133.48	\$1,334.76	\$1,148.46
etiree under 65, an						
•	) enrolled with Cigna LOV	V				
0+ Years	\$470.98	n/a	\$470.98	\$736.66	\$1,207.64	\$450.27
5 - 19 Years	\$664.20	n/a	\$664.20	\$543.44	\$1,207.64	\$635.00
0 - 14 Years - 9 Years	\$905.73 \$1,086.88	n/a n/a	\$905.73 \$1,086.88	\$301.91 \$120.76	\$1,207.64 \$1,207.64	\$865.91
etiree under 65, Sp	oouse under 65, and Chi	ld(ren)				
	Child(ren) enrolled with (	Cigna LOW				
0+ Years	\$800.86	n/a	\$800.86	\$1,105.94	\$1,906.80	\$765.64
0+ Years 5 - 19 Years	\$800.86 \$1,144.08	<b>Cigna LOW</b> n/a n/a	\$1,144.08	\$762.72	\$1,906.80	\$765.64 \$1,093.77
0+ Years 5 - 19 Years 0 - 14 Years	\$800.86 \$1,144.08 \$1,525.44	n/a n/a n/a n/a	\$1,144.08 \$1,525.44	\$762.72 \$381.36	\$1,906.80 \$1,906.80	
0+ Years 5 - 19 Years 0 - 14 Years	\$800.86 \$1,144.08	<b>Cigna LOW</b> n/a n/a	\$1,144.08	\$762.72	\$1,906.80	\$1,093.77
D+ Years 5 - 19 Years D - 14 Years - 9 Years etiree under 65, Sp	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12	n/a n/a n/a n/a n/a	\$1,144.08 \$1,525.44 \$1,716.12	\$762.72 \$381.36	\$1,906.80 \$1,906.80	\$1,093.77 \$1,380.77
D+ Years 5 - 19 Years D - 14 Years - 9 Years  etiree under 65, Spectiree enrolled with	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 Souse 65+ Cigna LOW, Spouse enro	n/a n/a n/a n/a n/a n/a n/a	\$1,144.08 \$1,525.44 \$1,716.12	\$762.72 \$381.36 \$190.68	\$1,906.80 \$1,906.80 \$1,906.80	\$1,093.77 \$1,380.77 \$1,553.36
D+ Years 5 - 19 Years D - 14 Years - 9 Years  etiree under 65, Spectiree enrolled with D+ Years	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 Souse 65+ Cigna LOW, Spouse enro \$165.26	n/a n/a n/a n/a n/a n/a solled with United F	\$1,144.08 \$1,525.44 \$1,716.12 dealthcare \$239.76	\$762.72 \$381.36 \$190.68	\$1,906.80 \$1,906.80 \$1,906.80 \$784.60	\$1,093.77 \$1,380.77 \$1,553.36 \$386.12
0+ Years 5 - 19 Years 0 - 14 Years - 9 Years  Retiree under 65, Sp Retiree enrolled with 0+ Years 5 - 19 Years	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 Souse 65+ Cigna LOW, Spouse enro \$165.26 \$317.80	n/a n/a n/a n/a n/a n/a solled with United F \$74.50 \$89.40	\$1,144.08 \$1,525.44 \$1,716.12 dealthcare \$239.76 \$407.20	\$762.72 \$381.36 \$190.68 \$544.84 \$377.40	\$1,906.80 \$1,906.80 \$1,906.80 \$784.60 \$784.60	\$1,093.77 \$1,380.77 \$1,553.36 \$386.12 \$563.01
O+ Years 5 - 19 Years O - 14 Years - 9 Years  etiree under 65, Spetiree enrolled with O+ Years 5 - 19 Years O - 14 Years	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 10USE 65+ Cigna LOW, Spouse enro \$165.26 \$317.80 \$444.92	n/a n/a n/a n/a n/a n/a solled with United H \$74.50 \$89.40 \$119.20	\$1,144.08 \$1,525.44 \$1,716.12 dealthcare \$239.76 \$407.20 \$564.12	\$762.72 \$381.36 \$190.68 \$544.84 \$377.40 \$220.48	\$1,906.80 \$1,906.80 \$1,906.80 \$784.60 \$784.60 \$784.60	\$1,093.77 \$1,380.77 \$1,553.36 \$386.12 \$563.01 \$770.93
0+ Years 5 - 19 Years 0 - 14 Years - 9 Years  Retiree under 65, Spectiree enrolled with 0+ Years 5 - 19 Years 0 - 14 Years - 9 Years	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 FOUSE 65+ Cigna LOW, Spouse enro \$165.26 \$317.80 \$444.92 \$572.04	n/a n/a n/a n/a n/a solled with United H \$74.50 \$89.40 \$119.20 \$134.10	\$1,144.08 \$1,525.44 \$1,716.12 dealthcare \$239.76 \$407.20	\$762.72 \$381.36 \$190.68 \$544.84 \$377.40	\$1,906.80 \$1,906.80 \$1,906.80 \$784.60 \$784.60	\$1,093.77 \$1,380.77 \$1,553.36 \$386.12 \$563.01
O+ Years 5 - 19 Years O - 14 Years - 9 Years  Petiree under 65, Spectiree enrolled with O+ Years O - 14 Years O - 14 Years O - 14 Years - 9 Years Petiree under 65, and	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 DOUSE 65+ Cigna LOW, Spouse enro \$165.26 \$317.80 \$444.92 \$572.04 d Child(ren), Spouse 65 p) enrolled with Cigna LOV	n/a n/a n/a n/a n/a n/a silled with United H \$74.50 \$89.40 \$119.20 \$134.10	\$1,144.08 \$1,525.44 \$1,716.12 Healthcare \$239.76 \$407.20 \$564.12 \$706.14	\$762.72 \$381.36 \$190.68 \$544.84 \$377.40 \$220.48 \$78.46	\$1,906.80 \$1,906.80 \$1,906.80 \$784.60 \$784.60 \$784.60 \$784.60	\$1,093.77 \$1,380.77 \$1,553.36 \$386.12 \$563.01 \$770.93 \$935.65
0+ Years 5 - 19 Years 0 - 14 Years - 9 Years  Retiree under 65, Sp Retiree enrolled with 0+ Years 0 - 14 Years 0 - 14 Years - 9 Years Retiree under 65, an Retiree and Child(ren 0+ Years	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 Souse 65+ Cigna LOW, Spouse enro \$165.26 \$317.80 \$444.92 \$572.04 d Child(ren), Spouse 65 9) enrolled with Cigna LOU \$520.56	n/a n/a n/a n/a n/a n/a n/a solled with United H \$74.50 \$89.40 \$119.20 \$134.10  H N, Spouse enrolle \$74.50	\$1,144.08 \$1,525.44 \$1,716.12 Healthcare \$239.76 \$407.20 \$564.12 \$706.14	\$762.72 \$381.36 \$190.68 \$190.68 \$544.84 \$377.40 \$220.48 \$78.46	\$1,906.80 \$1,906.80 \$1,906.80 \$784.60 \$784.60 \$784.60 \$784.60 \$784.60	\$1,093.77 \$1,380.77 \$1,553.36 \$386.12 \$563.01 \$770.93 \$935.65
0+ Years 5 - 19 Years 0 - 14 Years - 9 Years  Retiree under 65, Sp Retiree enrolled with 0+ Years 5 - 19 Years 0 - 14 Years - 9 Years Retiree under 65, an Retiree and Child(ren 0+ Years 5 - 19 Years	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 Souse 65+ Cigna LOW, Spouse enro \$165.26 \$317.80 \$444.92 \$572.04 d Child(ren), Spouse 65 9) enrolled with Cigna LOV \$520.56 \$734.12	n/a n/a n/a n/a n/a n/a n/a solled with United H \$74.50 \$89.40 \$119.20 \$134.10  + W, Spouse enrolle \$74.50 \$89.40	\$1,144.08 \$1,525.44 \$1,716.12 Healthcare \$239.76 \$407.20 \$564.12 \$706.14 Healthcare \$595.06 \$823.52	\$762.72 \$381.36 \$190.68 \$190.68 \$544.84 \$377.40 \$220.48 \$78.46	\$1,906.80 \$1,906.80 \$1,906.80 \$784.60 \$784.60 \$784.60 \$784.60 \$784.60 \$1,483.76	\$1,093.77 \$1,380.77 \$1,553.36 \$386.12 \$563.01 \$770.93 \$935.65 \$666.25 \$894.18
0+ Years 5 - 19 Years 0 - 14 Years - 9 Years  Retiree under 65, Sp Retiree enrolled with 0+ Years 0 - 14 Years 0 - 14 Years - 9 Years Retiree under 65, an Retiree and Child(ren 0+ Years	\$800.86 \$1,144.08 \$1,525.44 \$1,716.12 Souse 65+ Cigna LOW, Spouse enro \$165.26 \$317.80 \$444.92 \$572.04 d Child(ren), Spouse 65 9) enrolled with Cigna LOU \$520.56	n/a n/a n/a n/a n/a n/a n/a solled with United H \$74.50 \$89.40 \$119.20 \$134.10  H N, Spouse enrolle \$74.50	\$1,144.08 \$1,525.44 \$1,716.12 Healthcare \$239.76 \$407.20 \$564.12 \$706.14	\$762.72 \$381.36 \$190.68 \$190.68 \$544.84 \$377.40 \$220.48 \$78.46	\$1,906.80 \$1,906.80 \$1,906.80 \$784.60 \$784.60 \$784.60 \$784.60 \$784.60	\$1,093.77 \$1,380.77 \$1,553.36 \$386.12 \$563.01 \$770.93 \$935.65

Retiree 65+ (and Medicare eligible): United Healthcare Medicare Advantage

Spouse and/or Dependent Children: Cigna Low Option



	2023 Monthly Retiree Rate	2023 Monthly Dependent Rate	2023 TOTAL Monthly Retiree and Dependent Rate	2023 Monthly APS Contribution	2023 Total Monthly Rate**	2022 TOTAL Monthly Retiree and Dependen
Retiree 65+						<u>Rate</u>
	d with United Healthcare					
20+ Years	\$41.72	n/a	\$41.72	\$107.28	\$149.00	
15 - 19 Years	\$74.50	n/a	\$74.50	\$74.50	\$149.00	\$120.95
10 - 14 Years	\$104.30	n/a	\$104.30	\$44.70	\$149.00	\$215.98
5 - 9 Years	\$134.10	n/a	\$134.10	\$14.70	\$149.00	\$302.37
	nd Spouse under 65					\$388.76
	d with United Healthcare,	•		6425.00	άπου cο	
20+ Years	\$41.72 \$74.50	\$317.80	\$359.52	\$425.08 \$328.74	\$784.60	\$424.78
15 - 19 Years 10 - 14 Years	\$104.30	\$381.36 \$508.48	\$455.86 \$612.78	\$171.82	\$784.60 \$784.60	\$580.57
5 - 9 Years	\$134.10	\$572.04	\$706.14	\$78.46	\$784.60	\$788.49
D 41 OF	14.01.11					\$906.66
Retiree 65+ ar Retiree enrolle	id 1 Child d with United Healthcare,	. Child enrolled w	vith Ciana LOW			
20+ Years	\$41.72	\$317.80	\$359.52	\$425.08	\$784.60	
15 - 19 Years	\$74.50	\$381.36	\$455.86	\$328.74	\$784.60	\$424.78
10 - 14 Years	\$104.30	\$508.48	\$612.78	\$171.82	\$784.60	\$580.57
5 - 9 Years	\$134.10	\$572.04	\$706.14	\$78.46	\$784.60	\$788.49
Potiroo 65 Lar	nd 2 or more Children					\$906.66
	d with United Healthcare,	, Children enrolle	ed with Cigna LOW			
20+ Years	\$41.72	\$603.83	\$645.55	\$711.09	\$1,356.64	
15 - 19 Years	\$74.50	\$724.58	\$799.08	\$557.56	\$1,356.64	\$698.23
10 - 14 Years	\$104.30	\$966.11	\$1,070.41	\$286.23	\$1,356.64	\$908.70
5 - 9 Years	\$134.10	\$1,086.88	\$1,220.98	\$135.66	\$1,356.54	\$1,226.00
Retiree 65+, S	pouse under 65, and Cl	hild(ren)				\$1,427.85
Retiree enrolle	d with United Healthcare,	, Spouse enrolled			•	
20+ Years	\$41.72	\$603.83	\$645.55	\$711.09	\$1,356.64	\$667.50
15 - 19 Years 10 - 14 Years	\$74.50 \$104.30	\$724.58 \$966.11	\$799.08 \$1,070.41	\$557.56 \$286.23	\$1,356.64 \$1,356.64	\$871.85
5 - 9 Years	\$134.10	\$1,086.88	\$1,220.98	\$135.66	\$1,356.64	\$1,176.86
	·			·		\$1,372.56
	nd Spouse 65+ d with United Healthcare.	Spause envelle	d with United Healthears			
20+ Years	\$41.72	\$74.50	\$116.22	\$181.78	\$298.00	
15 - 19 Years	\$74.50	\$89.40	\$163.90	\$134.10	\$298.00	\$336.93
10 - 14 Years	\$104.30	\$119.20	\$223.50	\$74.50	\$298.00	\$475.16
5 - 9 Years	\$134.10	\$134.10	\$268.20	\$29.80	\$298.00	\$629.07
Detiros 65 . S	pouse 65+, and 1 Child					\$754.88
	d with United Healthcare,		d with United Healthcare,	1 Child enrolled wit	h Cigna LOW	
20+ Years	\$41.72	\$450.66	\$492.38	\$557.94	\$1,050.32	
15 - 19 Years	\$74.50	\$540.79	\$615.29	\$435.06	\$1,050.32	\$640.76
10 - 14 Years	\$104.30	\$721.06	\$825.36	\$224.96	\$1,050.32	\$839.75
5 - 9 Years	\$134.10	\$811.19	\$945.29	\$105.06	\$1,050.32	\$1,134.60 \$1,324.41
Retiree 65+, S	pouse 65+, and 2 or mo	ore Children				
	d with United Healthcare,					
20+ Years	\$41.72	\$678.32	\$720.04	\$785.60	\$1,505.64	¢014.20
15 - 19 Years	\$74.50	\$813.98	\$888.48	\$617.16	\$1,505.64	\$914.20 \$1,167.88
10 - 14 Years 5 - 9 Years	\$104.30 \$134.10	\$1,085.31 \$1,220.98	\$1,189.61 \$1,355.08	\$316.03 \$150.56	\$1,505.64 \$1,505.64	\$1,571.57
	γ134.10	Y1,220.30	71,555.00	7130.30	Ç1,505.04	\$1,816.61
	pouse 65+, and 1 Medic			Object to the second	Heite d II - III	
	d with United Healthcare,	·				
20+ Years	\$41.72	\$149.00	\$190.72	\$256.28	\$447.00	\$552.91
15 - 19 Years 10 - 14 Years	\$74.50 \$104.30	\$178.80 \$238.40	\$253.30 \$342.70	\$193.70 \$104.30	\$447.00 \$447.00	\$734.33
5 - 9 Years	\$134.10	\$268.20	\$402.30	\$44.70	\$447.00	\$993.51

<sup>\*\*</sup>If a covered retiree dies, the surviving spouse and/or dependent children may continue coverage by paying the full cost of the premium by personal check. If the surviving spouse also is a retiree of Arlington Public Schools, he or she may elect to continue coverage with the School Board's contribution computed based on the surviving spouse's service.





	2023 Monthly Retiree Rate	2023 Monthly Dependent Rate	2023 TOTAL Monthly Retiree and Dependent Rate	2023 Monthly APS Contribution	2023 Total Monthly Rate**	2022 TOTAL Monthl Retiree and Depende <u>Rat</u> e
Retiree under 65						
Retiree enrolled with	Cigna HIGH					
0+ Years	\$268.11	n/a	\$268.11	\$569.73	\$837.85	\$256.32
5 - 19 Years	\$418.95	n/a	\$418.95	\$418.95	\$837.85	\$400.49
0 - 14 Years	\$586.50	n/a	\$586.50	\$251.35	\$837.85	\$560.70
- 9 Years	\$754.06	n/a	\$754.06	\$83.78	\$837.85	\$720.90
etiree under 65, Sp	ouse under 65					
etiree & Spouse enre	olled with Cigna HIGH					
)+ Years	\$721.39	n/a	\$721.39	\$1,038.09	\$1,759.48	\$689.66
5 - 19 Years	\$967.71	n/a	\$967.71	\$791.77	\$1,759.48	\$925.16
- 14 Years	\$1,319.61	n/a	\$1,319.61	\$439.87	\$1,759.48	\$1,261.58
9 Years	\$1,583.53	n/a	\$1,583.53	\$175.95	\$1,759.48	\$1,513.89
etiree under 65, and	d Child(ren)					
Retiree and Child(ren)	enrolled with Cigna HIG	Н				
)+ Years	\$652.67	n/a	\$652.67	\$939.23	\$1,591.90	\$623.97
- 19 Years	\$875.54	n/a	\$875.54	\$716.36	\$1,591.90	\$837.04
) - 14 Years	\$1,193.92	n/a	\$1,193.92	\$397.98	\$1,591.90	\$1,141.42
- 9 Years	\$1,432.72	n/a	\$1,432.72	\$159.19	\$1,591.90	\$1,369.71
Retiree under 65, Sp	ouse under 65, and Chi	ld(ren)				
	Child(ren) enrolled with (					
O+ Years	\$1,105.96	n/a	\$1,105.96	\$1,407.58	\$2,513.54	\$1,057.32
5 - 19 Years	\$1,508.12	n/a	\$1,441.80	\$1,005.42	\$2,513.54	\$1,441.80
) - 14 Years	\$2,010.83	n/a	\$1,922.40	\$502.71	\$2,513.54	\$1,922.40
- 9 Years	\$2,262.19	n/a	\$2,162.70	\$251.35	\$2,513.54	\$2,162.70
etiree under 65, Sp	ouse 65+					
Retiree enrolled with	Cigna HIGH, Spouse enro	olled with United I	Healthcare			
)+ Years	\$268.11	\$74.50	\$342.61	\$644.24	\$986.85	\$485.76
- 19 Years	\$418.92	\$89.40	\$508.32	\$478.53	\$986.85	\$680.70
) - 14 Years	\$586.50	\$119.20	\$705.70	\$281.16	\$986.85	\$935.71
- 9 Years	\$754.07	\$134.10	\$888.17	\$98.69	\$986.85	\$1,147.51
etiree under 65, and	d Child(ren), Spouse 65	+				
Retiree and Child(ren)	enrolled with Cigna HIG	H, Spouse enrolle		are		
)+ Years	\$652.67	\$74.50	\$727.17	\$1,013.73	\$1,740.90	\$839.95
5 - 19 Years	\$875.54	\$89.40	\$964.94	\$775.96	\$1,740.90	\$1,096.22
) - 14 Years	\$1,193.92	\$119.20	\$1,313.12	\$427.78	\$1,740.90	\$1,486.99
- 9 Years	\$1,432.72	\$134.10	\$1,566.82	\$174.09	\$1,740.90	\$1,758.47

Retiree 65+ (and Medicare eligible): United Healthcare Medicare Advantage Spouse and/or Dependent Children: Cigna High Option



\$1,086.94

	2023 Monthly Retiree Rate	2023 Monthly Dependent Rate	2023 TOTAL Monthly Retiree and Dependent Rate	2023 Monthly APS Contribution	2023 Total Monthly Rate**	2022 TOTAL Monthly Retiree and Dependen
Retiree 65+						<u>Rate</u>
	d with United Healthcare					
20+ Years	\$41.72	n/a	\$41.72	\$107.28	\$149.00	
15 - 19 Years	\$74.50	n/a	\$74.50	\$74.50	\$149.00	\$120.95
10 - 14 Years	\$104.30	n/a	\$104.20	\$44.70	\$149.00	\$215.98
5 - 9 Years	\$134.10	n/a	\$134.10	\$14.90	\$149.00	\$302.37 \$388.76
	nd Spouse under 65					, , , , , , , , , , , , , , , , , , ,
	d with United Healthcare					
20+ Years	\$41.72	\$418.92	\$460.64	\$526.21	\$986.85	A=0.1.1
15 - 19 Years	\$74.50	\$502.71	\$577.21	\$409.64	\$986.85	\$521.44
10 - 14 Years 5 - 9 Years	\$104.30 \$134.10	\$670.28 \$754.07	\$774.58 \$888.17	\$212.27 \$98.69	\$986.85 \$986.85	\$696.58 \$943.17
5 - 9 Years	\$134.10	\$754.07	\$888.17	\$98.09	\$300.85	\$1,109.66
Retiree 65+ ar						
	d with United Healthcare	•		ĆE2C 24	¢000 05	
20+ Years 15 - 19 Years	\$41.72 \$74.50	\$418.92 \$502.71	\$460.64 \$577.21	\$526.21 \$409.64	\$986.85 \$986.85	\$521.44
10 - 14 Years	\$104.30	\$670.28	\$774.58	\$212.27	\$986.85	\$696.58
5 - 9 Years	\$134.10	\$754.07	\$888.17	\$98.69	\$986.85	\$943.17
	7-2 ::-2	********	7,000,00	755.55	700000	\$1,109.66
	nd 2 or more Children d with United Healthcare	Children enrelle	od with Ciana HIGH			
20+ Years	\$41.72	\$795.96	\$837.68	\$903.24	\$1,740.00	
15 - 19 Years	\$74.50	\$955.15	\$1,029.65	\$711.26	\$1,740.00	\$881.90
10 - 14 Years	\$104.30	\$1,273.53	\$1,377.83	\$363.08	\$1,740.00	\$1,129.12
5 - 9 Years	\$134.10	\$1,432.72	\$1,566.82	\$174.09	\$1,740.00	\$1,519.89
						\$1,758.47
	pouse under 65, and C d with United Healthcare		d with Cigna HIGH, Child	(ren) enrolled with C	igna HIGH	
20+ Years	\$41.72	\$795.96	\$837.68	\$903.24	\$1,740.00	
15 - 19 Years	\$74.50	\$955.15	\$1,029.65	\$711.26	\$1,740.00	\$881.90
10 - 14 Years	\$104.30	\$1,273.53	\$1,377.83	\$363.08	\$1,740.00	\$1,129.12
5 - 9 Years	\$134.10	\$1,432.72	\$1,566.82	\$174.09	\$1,740.00	\$1,519.89 \$1,758.47
Retiree 65+ ar	nd Spouse 65+					\$1,756.47
Retiree enrolle	d with United Healthcare	, Spouse enrolled	d with United Healthcare			
20+ Years	\$41.72	\$74.50	\$116.22	\$289.06	\$298.00	
15 - 19 Years	\$74.50	\$89.40	\$163.90	\$208.60	\$298.00	\$336.93
10 - 14 Years	\$104.30	\$119.20	\$223.50	\$119.20	\$298.00	\$475.16
5 - 9 Years	\$134.10	\$134.10	\$268.20	\$44.70	\$298.00	\$647.94 \$777.52
Retiree 65+, S	pouse 65+, and 1 Child					<u> </u>
Retiree enrolled	with United Healthcare, Spo	use enrolled with U		nrolled with Cigna HIGH	i	
20+ Years	\$41.72	\$493.42	\$600.71	\$600.71	\$1,135.85	
15 - 19 Years	\$74.50	\$592.11	\$469.24	\$469.24	\$1,135.85	\$737.42
10 - 14 Years	\$104.30	\$789.48	\$893.78	\$242.07	\$1,135.85	\$955.76
5 - 9 Years	\$134.10	\$888.16	\$1,022.26	\$113.59	\$1,135.85	\$1,288.74 \$1,498.41
	pouse 65+, and 2 or m					
	d with United Healthcare	•				
20+ Years	\$41.72	\$870.45	\$912.17	\$977.74	\$1,889.91	\$1,179.99
15 - 19 Years	\$74.50	\$1,044.55 \$1,392.73	\$1,119.05	\$770.86	\$1,889.91	\$1,179.99
10 - 14 Years 5 - 9 Years	\$104.30 \$134.10	\$1,392.73	\$1,497.03 \$1,700.91	\$392.88 \$188.99	\$1,889.91 \$1,889.91	\$1,996.83
	·			, , , , , , ,	, ,	\$2,295.02
	pouse 65+, and 1 Medi d with United Healthcare			Child enrolled with	United Healthcare	
20+ Years	\$41.72	\$149.00	\$190.72	\$256.28	\$447.00	
15 - 19 Years	\$74.50	\$178.80	\$253.30	\$193.70	\$447.00	\$508.83
10 - 14 Years	\$104.30	\$238.40	\$342.70	\$104.30	\$447.00	\$681.44
5 - 9 Years	\$104.30	\$268.20	\$402.30	\$44.70	\$447.00	\$922.98
J J ICUIJ	7107.10	7200.20	9 <del>1</del> 02.30	γ <del>ττ</del> ./υ	Ç477.00	\$1,096,04

<sup>\*\*</sup>If a covered retiree dies, the surviving spouse and/or dependent children may continue coverage by paying the full cost of the premium by personal check. If the surviving spouse also is a retiree of Arlington Public Schools, he or she may elect to continue coverage with the School Board's contribution computed based on the surviving spouse's service.

All Retirees: Delta Dental of Virginia



	2023 Monthly Retiree Rate	2022 Monthly Retiree Rate
ndividual		
20+ Years	\$55.74	\$54.84
L5 - 19 Years	\$55.74	\$54.84
.0 - 14 Years	\$55.74	\$54.84
- 9 Years	\$55.74	\$54.84
ndividual + Spouse 0+ Years	\$108.46	\$106.72
.5 - 19 Years	\$108.46	\$106.72
0 - 14 Years	\$108.46	\$106.72
- 9 Years	\$108.46	\$106.72
ndividual + Child(ren)		
0+ Years	\$111.92	\$110.12
5 - 19 Years	\$111.92	\$110.12
0 - 14 Years	\$111.92	\$110.12
- 9 Years	\$111.92	\$110.12
Family 20+ Years	\$162.14	\$159.54
	·	<del>-</del>
5 - 19 Years	\$162.14	\$159.54
LO - 14 Years	\$162.14	\$159.54
5 - 9 Years	\$162.14	\$159.54