

Arlington Middle School Athletics

Track & Field

Practice Starting Date - March 13, 2023

Meet Time - 3:15 p.m.

Thursday	-	March 30, 2023	Kenmore @ Williamsburg D. Hamm @ Swanson Jefferson @ Gunston
Thursday	-	April 13, 2023	Gunston @ Kenmore Swanson @ Jefferson Williamsburg @ D. Hamm
Tuesday	-	April 18, 2023	D. Hamm @ Kenmore Swanson @ Gunston Williamsburg @ Jefferson
Thursday	-	April 20, 2023	Gunston @ Williamsburg Jefferson @ D. Hamm Kenmore @ Swanson
Tuesday	-	April 25, 2023	D. Hamm @ Gunston Kenmore @ Jefferson Swanson @ Williamsburg
Thursday	-	April 27, 2023	Country (Field Events) @ Swanson 1 PM
Tuesday	-	May 2, 2022	Country (Running Events) @ Swanson 1 PM

❖ **Schedules are subject to change – check school’s website to confirm day, time & location.**