



Arlington  
Public  
Schools

**October 13, 2022**

To Whom It May Concern:

We have important news about your health care and prescription drug coverage.

We are pleased to introduce the **UnitedHealthcare® Group Medicare Advantage (PPO) plan** for your health care and prescription drug coverage, which will be offered to Medicare-eligible retirees and their Medicare-eligible dependents effective January 1, 2023. This plan is a custom Medicare Advantage (PPO) plan designed exclusively for Arlington Public School retirees and should not be confused with individual UnitedHealthcare Medicare Advantage plans that might be available in your area.

The Medicare Advantage plan was built to mirror the Prescription Drug Plan benefit which is in force today. There are no changes to the copays or the formulary, outside of annual changes you may have experienced in the past.

**Please Note:** If you currently receive VA or Tricare benefits, you will be enrolled into a medical only PPO plan.

### **Introducing the UnitedHealthcare® Group Medicare Advantage (PPO) plan**

The **UnitedHealthcare® Group Medicare Advantage (PPO) plan** is a Medicare Advantage plan that delivers all the benefits of Original Medicare Parts A and B, includes prescription drug coverage (Part D), and offers additional benefits and features. This plan is not a supplement plan and does not pay secondary to Medicare. All claims are submitted directly to UnitedHealthcare for payment, not Medicare.

As a UnitedHealthcare Group Medicare Advantage plan member, your plan offers benefits and services beyond what you will find with Original Medicare (Parts A and B). You'll have a team committed to understanding your needs, helping you get the care you need and helping you manage your health. UnitedHealthcare will connect you to health and wellness resources and even schedule your preventive care, including arranging an Annual Wellness Visit. Below, you can find highlights of what the new plan option offers.

- \$0 premiums – You pay no more than you do with Original Medicare, but you get a lot more
  - UnitedHealthcare® HouseCalls – An in-home visit designed to complement your doctor’s care. A licensed and knowledgeable health care professional will review your health history and current medications, perform a health screening, identify health risks and provide health education.
  - 24/7 Nurse Support – Speak to a registered nurse anytime about your medical concerns and questions
  - Rewards – Earn rewards for taking an active role in your health and wellness by completing and reporting certain health care activities
  - Renew Active® – A fitness program for mind and body that’s designed for you and your goals, offered exclusively by UnitedHealthcare. Renew Active includes a free gym membership with access to our nationwide network of gyms and fitness locations, at no additional cost to you.]
  - You can see any provider (in-network or out-of-network) at the same cost share, as long as they have not opted out of or been excluded or precluded from Medicare]
  - Choose from thousands of pharmacies across the United States, including national chain, regional and independent local retail pharmacies
  - Additional drug coverage through the UnitedHealthcare RxSupplement® plan. The UnitedHealthcare RxSupplement® plan provides additional coverage beyond standard Medicare Part D coverage
  - Renew by UnitedHealthcare® – Our online member-only Health & Wellness Experience
  - Virtual Visits – Live video chat\* with a provider from your computer, tablet or smartphone — anytime, day or night
    - Virtual Doctor Visits – Good for minor health care concerns such as cough/cold, allergies, fever, flu or sore throat
    - Virtual Behavioral Health Visits – Good for behavioral health concerns such as stress and anxiety, or depression
- \*The computer, tablet or smartphone you use must be webcam-enabled.

UnitedHealthcare will send you more details in the mail shortly. Until then, UnitedHealthcare is ready for questions you may have. For questions, contact UnitedHealthcare Customer Service toll-free at **1-877-714-0178**, TTY **711**, 8:00 a.m. – 8:00 p.m. local time, 7 days a week.

### **How this change affects you**

You do not need to do anything to enroll. You and your Medicare-eligible dependents will be automatically enrolled in this plan unless you tell Arlington Public Schools that you are not interested by **November 11, 2022**.

If you do not wish to be enrolled into this plan, please complete the Benefits Enrollment Change form included with this notification and submit it by November 11, 2022. If you do not enroll in this plan, you cannot re-enroll at a future date.

Arlington Public Schools will pay a portion of your monthly insurance premium to UnitedHealthcare for your Medicare eligible dependents. Since Arlington Public Schools is paying a portion of the premium for this plan, we encourage you to use these benefits to help care for the health and well-being of you, and your Medicare eligible dependents.

**Important information**

You must be entitled to Medicare Part A and enrolled in Medicare Part B. You must continue paying your Medicare Part B premium to be eligible for coverage under the **UnitedHealthcare® Group Medicare Advantage (PPO) plan.**

Medicare also requires certain information in order to process your enrollment:

- A permanent street address (this cannot be a P.O. Box)
- Your Medicare ID card number

If you are not enrolled in Medicare Parts A and B, and you live outside of the plan’s service area, you should contact Social Security.

Note: In most cases, we will send UnitedHealthcare your Medicare ID card number, which is required for enrollment. This is the number that appears on your red, white and blue Medicare card. However, if you receive a letter from UnitedHealthcare asking for this information, please respond immediately. Otherwise, UnitedHealthcare may not be able to process your enrollment,

**Please Note: If you currently receive VA or Tricare benefits, you will be enrolled into a medical only PPO plan. If you have a different Individual PDP plan elsewhere, the automatic enrollment into this new Medicare Advantage plan would replace that PDP plan.**

**Open Enrollment Information Sessions:**

**Friday, October 21<sup>st</sup>  
1:00 p.m. – 3:30 p.m.**

**Barbara M. Donnellan Auditorium  
1015 N Quincy Street  
Arlington VA 22201**

**Here’s what you can expect**

You will be receiving more information from UnitedHealthcare.

<b>When will materials be mailed?</b>	<b>What will I receive?</b>
Mid November	• UnitedHealthcare Plan Information
December	• UnitedHealthcare Quick Start Guide and ID card, which is your confirmation of enrollment. Retirees in the same household may receive these on different

	days, which is a normal part of the mail stream.
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**What actions you need to take**

- **Review** the UnitedHealthcare Plan Information once received in November
- **Call** UnitedHealthcare with any questions about the Group Medicare Advantage (PPO)

**Questions?**

If you still have questions, please do not hesitate to call.

Call UnitedHealthcare Customer Service toll-free at: **1-877-714-0178**, TTY **711**, 8 a.m. – 8 p.m. local time, 7 days a week

Sincerely,

*Chatia R. Moore*

Chatia R. Moore

Benefits Supervisor

Direct Phone: (703) 228-2881

[Chatia.moore@apsva.us](mailto:Chatia.moore@apsva.us)

24/7 Nurse Support should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

Participation in the Renew Active<sup>®</sup> program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership. Equipment, classes, personalized fitness plans and events may vary by location. Certain services, classes and events are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in AARP<sup>®</sup> Staying Sharp and the Fitbit<sup>®</sup> Community for Renew Active is subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor. The Renew Active program varies by plan/area.

OptumRx<sup>®</sup> pharmacy is an affiliate of UnitedHealthcare Insurance Company. You are not required to use Optum<sup>®</sup> Home Delivery to supply your maintenance medication. If you have not used Optum Home Delivery, you must approve the first prescription order sent directly from your doctor to OptumRx before it can be filled. New prescriptions from Optum Home Delivery

should arrive within 5 business days after we receive the complete order. Contact Optum Home Delivery anytime at 1-888-279-1828, TTY 711.

You must continue to pay your Medicare Part B premium.

The Formulary, pharmacy network and/or provider network may change at any time. You will receive notice when necessary.

Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply.

Out-of-network/non-contracted providers are under no obligation to treat Arlington County Public School members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information.

UnitedHealthcare Insurance Company complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-714-0178** (TTY 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-877-714-0178** (TTY 711)。

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

CMS Code

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