

# Practice Police Interactions



The Arc of Northern Virginia is partnering again with the Arlington County Police to offer a great opportunity for people with disabilities and their loved ones to practice emergency situations.

**Saturday, March 26, 2022**

**11:00 a.m. to 1:00 p.m.**

• Kenmore Middle School, 200 S Carlin Springs Rd. Arlington, VA

The idea of interacting with police officers can feel intimidating, especially if you or your loved ones have a disability. One of the best ways to manage that anxiety and prepare yourself for a successful real world interaction is to practice!

For this event, participants can engage in a practice police stop with real officers. They will be pulled over (or can just park and get into the car) in a parking lot at Kenmore Middle School. Officers will approach the car and run a practice stop. You can also have an officer in the car with you to help you navigate the stop. The person with a disability can be the driver (licensed or unlicensed and getting ready to drive), or a passenger or bystander. You can practice more than one way if you'd like. You are also welcome to exit the vehicle and talk with officers, ask questions, and get to know them.

This event is open to anyone with any disability or general anxiety about police interactions, regardless of where they live. These sessions are free, but preregistration is required.

For more information or to register, visit:

<https://thearcnova.org/events/practice-police-interactions/>

Questions? Call (703) 208-1119 ext. 116 or email [lucy.beadnell@thearcnova.org](mailto:lucy.beadnell@thearcnova.org)

