

# Building Healing Communities

## Conversations on Mental Health, Resilience and Equity



### Symposium:

6:00 - 8:30 p.m.

**Thursday, May 20**

- Dr. Alfiee
- Samia Byrd and Arron Gregory
- Panel Discussion with Alex Geller

### Workshops:

6:00 - 7:30 p.m.

**Monday, May 24**

- Mental Health in the BIPOC Community
  - Conversation on Race and Equity

**Tuesday, May 25**

- Mental Health Stigma Amongst Youth
- Supporting Resilience and Emotional Wellbeing in Infants and Toddlers

**Wednesday, May 26**

- Transformative Yoga
- Trauma, Stress, and Connection

## Register today

[For more information click here.](#)

[El Simposio y todos los Talleres incluirán interpretación simultánea al español.](#)