

## Yorktown PTA Webinar:

Wed, Mar 3, 2021 7:00 PM

How do Executive Functions skills impact planning, starting, and completing work? Learn how to build them to help your student thrive.

## **Event Details:**

One of the great joys for a parent is to be able to cheer on our children as they build new skills. When it comes to school, we praise the obvious skills such as doing well on a test or getting an A on a paper, but often miss the less obvious — but equally important — ones, such as overcoming challenges to get started on planning and completing in order to finish a longer-term assignment on time.

In this helpful presentation by **The StudyPro** and **Rachel Bailey, M. A.** you will learn:

- What Executive Functions (EF) skills are and why they matter
- How to recognize and improve "missing skills" behind common school challenges
  - How to partner with your student to support them the "right way"

Improving Executive Function skills will help with focus, flexibility, and pushing through frustration. And that's definitely something to cheer about.

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