



SEL Lessons and Supports

MONDAY

6-8

Asynchronous Video-Taped Delivery of Counselor Produced SEL using:

- 1) K-8 Second Step Lesson Videos*
- 2) Mindfulness Videos

9-12

Virtual advisory periods for comprehensive high school students: deliver SEL video taped lessons based upon Sources of Strength* and a series of mindfulness videos.

Teachers are expected to show/practice/reinforce lessons
Counselors are expected to support teacher's by providing lessons/materials

*Delivery of the videotaped SEL lessons will contain information from our purchased SEL learning programs and must be provided to students/families in a password protected environment (i.e., it cannot be uploaded to the school's website as that violates copyright)

ELEMENTARY SCHOOL MON-FRI

K-5 – Synchronous lessons taught by counselors & teachers (Tues-Fri)

Counselors hold individual check-in / office hours (by appointment with families and/or students)
Teacher collaboration and consultation

Support Teacher Advisory/SEL Counselors provide teachers practice strategies to use with students around SEL videotaped lessons

Counselors and Teachers collaborate to send HomeLinks to families for home practice

Counselors also provide lessons on bullying prevention, substance abuse prevention and academic planning

Synchronous Child Protection lessons

Small Group Tier 2 (based on teacher referrals from SEL instruction)

Small Group Counseling (e.g., grief and loss)
Individual Check-ins

Individual Counseling (up to six sessions)

Academic, College and Career Planning
Transitions to MS

MIDDLE SCHOOL MON-FRI

Counselors hold individual check-in / office hours (by appointment with families and/or students)

Teacher collaboration and consultation

Support Teacher Advisory/SEL Counselors provide teachers practice strategies to use with students around SEL videotaped lessons

Counselors and Teachers collaborate to send HomeLinks to families for home practice

Counselors to provide lesson delivery on bullying prevention, substance abuse prevention and academic planning)

Small Group Tier 2 (based on teacher referrals from SEL instruction)

Small Group Counseling (e.g., grief and loss)
Individual Check-ins

Individual Counseling (up to six sessions)

Academic, College and Career Planning
Course Information & Scheduling
Transitions from ES and to HS

HIGH SCHOOL MON-FRI

Counselors hold individual check-in / office hours (by appointment with families and/or students)

Teacher collaboration and consultation

Small Group Tier 2 (based on teacher referrals from SEL instruction)
Small Group Counseling (e.g., grief and loss)

Individual Check-ins
Individual Counseling (up to six sessions)

Academic, College and Career Planning
Course Information & Scheduling
Transitions from ES and MS

Posting of tutorials for students/parents in Canvas and on the school website to fully access the resources in Naviance