

## Parenting Through a Pandemic How to Stop Defiance, Disrespect & Power Struggles with America's Calm Coach, Kirk Martin

- Perfect for parents  
with kids ages 2-22.

-Leave with strategies that  
work immediately!

### LIVE VIRTUAL WORKSHOP



Kirk provides concrete, practical strategies that work with kids ages 2-22 in everyday situations to:

- Get your kids to listen the first time.
- Stop defiance, disrespect and yelling.
- Stop whining, tantrums and sibling fights.
- Get kids off video games/screens without a fight.
- Create stress-free mornings, homework time and bedtime.

**Arlington Public Schools Parent Resource Center and Celebrate Calm** invite parents, teachers, friends and the community to one dynamic, practical, laugh-out-loud funny Virtual Parenting Workshop.

**Wednesday, September 30th from 7:30pm - 9:00pm**

Please Register Here: <https://forms.gle/WMdF9U62GzzFNUJy8>

***"Practical, relevant and laugh-out-loud funny"***

Questions? Email [Casey@CelebrateCalm.com](mailto:Casey@CelebrateCalm.com) or call 888-506-1871

Visit [www.CelebrateCalm.com](http://www.CelebrateCalm.com) to listen to FREE podcasts and join our newsletter.

