Hotlines	More about this Service
Life Threatening Emergency	In case of a life threatening emergency
911	
TTY dial 711	
Suicide Prevention Resources	Many hotlines and contacts are listed to immediately support youth and adults.
Mental Health America of Virginia's Warmline	If you need someone to talk to, and you are not in a crisis, you can
1-866-400-MHAV (6428)	contact Mental Health America of Virginia's Warmline by calling 1-
	866-400-MHAV (6428) between 9am and 9pm Monday-Friday or
	5pm-9pm Saturday and Sunday
The Disaster Distress Helpline (a national hotline)	The Disaster Distress Helpline is a national hotline available to
1-800-985-5990 (press "2" for 24/7 bilingual support	anyone and everyone experiencing emotional distress related to any
Text TalkWithUs to 66746	natural or human-caused disaster. This is a 24/7, 365-day-a-year, toll-
	free national hotline with multilingual, and confidential crisis
	support. Please call 1-800-985-5990 or text TalkWithUs to 66746 to
	connect with a trained crisis counselor. Spanish-speakers can call the
	hotline and press "2" for 24/7bilingual support. The hotline can also
	connect with counselors in over 100 other languages via 3rd-party
	interpretation services.
Crisis Link Regional Hotline	CrisisLink is a hotline for individuals in crisis or family/friends seeking
703-527-4077	guidance for how to help a loved one
<u>CrisisText</u>	Text from anywhere in the USA to text with a trained Crisis
Text NeedHelp to 85511	Counselor

County and Regional Organizations	
Arlington Emergency Services at 703-228-5160	If an adult, child or youth experiences a psychiatric emergency
	which creates an unsafe situation for themselves or others in the
	home call or go to Emergency Services at 2120 Washington Blvd.,
	Arlington VA 22204.
Same Day Access	Same Day Access has been suspended for children and will be re-
703-228-1560 (intake assessment for children who are returning to	evaluated on April 6. Families and partners are encouraged to
the community from acute psychiatric hospitalization	contact the SDA information hotline (703-228-1560), with any
	questions, consultations, referrals, and to check the status of Same
	Day Access.
Child Protective Services	If you feel that a child is in immediate and severe physical danger,
<u>703-228-1500</u>	call Child Protective Services
	Or call local law enforcement
CR2	Any child or youth under 18 experiencing an urgent mental health
<u>844-627-4747</u>	need
<u>Virginia Hospital Center</u>	For medical information and advice about COVID-19, including Test
	Centers
Children's Behavioral Healthcare	For non-urgent, but concerning behavior, please see resources at
	Arlington Children's Behavioral Health
VA REACH Northern Region of Virginia 24/7 Crisis and Referral Line:	The VA REACH program offers crisis prevention and response
	services, along with training for those who support individuals with
	developmental disabilities.