



## HOW DO APS FAMILIES ACCESS FAPT SERVICES?

School social workers can provide families with information about FAPT, and assist with accessing FAPT directly or in collaboration with other agencies.



## IS THERE ANY COST FOR FAMILY SERVICES?

There is a sliding scale for the fees associated with FAPT services. Also, there is a process for a family to request that fees be reduced or eliminated based on need.

For more information, contact your school social worker. Contact information for each school is available by searching for “school social worker” on the school’s website or the APS main website at: [www.apsva.us](http://www.apsva.us).

See: <https://family.arlingtonva.us/child-welfare/csafapt/>

## WHEN SHOULD A FAMILY CONSIDER FAPT SERVICES?

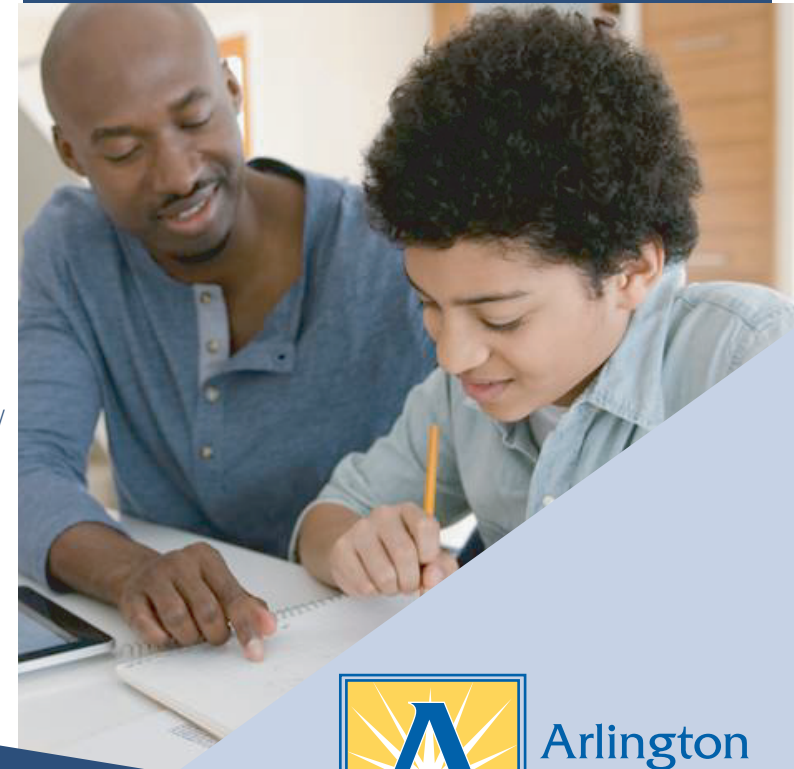
If your student is having difficulties with expected activities, such as attendance issues, complying with rules and laws, participating in developmentally appropriate activities, and your family has been unable to address the issues independently, FAPT services can help.

Services can address family dynamics as well as individual student needs by working in the home environment to develop support strategies.



# Special Services for At-Risk Youth and their Families

Family Assessment and Planning Team



Arlington  
Public  
Schools

## ELIGIBILITY



The FAPT serves youth under the age of 18 who meet one or more of the following criteria:

- Have serious emotional or behavioral challenges;
- Need resources beyond normal agency services;
- Require special education through private day schools as determined through the youth's Individualized Education Program (IEP);
- Require foster care services or services to prevent foster care placement;
- Are supervised by Arlington Juvenile and Domestic Relations District Court; or
- Are in the custody of the Department of Juvenile Justice.

## REFERRAL TO FAPT



When a family believes FAPT services might be helpful and necessary, a case manager, who may be an APS Social Worker or a case worker from another public agency, begins the referral process. Families can receive assistance with choosing a case manager from any agency (DHS, courts, schools) with which the youth is already connected. The case manager helps families complete necessary paperwork, including basic student information, requested service goals, releases of information, and an assessment for current functioning levels. An Individual Family Services Plan (IFSP) is developed collaboratively with the case manager, parents, and others who are working with or have knowledge of the youth. The IFSP has special goals and timelines.

Parents are asked to submit information about household income in order to establish the fee schedule for services. Once all paperwork is submitted and approved, a FAPT meeting will be scheduled.

## FAPT MEETINGS



Joining with the parents, the case manager presents information and recommendations to support the family's needs. The services and hours, as outlined in the IFSP, are presented. Parent participation is required. Parents may bring any person to the meeting who they believe will provide support to the youth and family. All information provided to FAPT members or discussed at the meeting is confidential.

Once services are approved, service providers begin working directly with the child and family.

- Service providers keep logs of services provided, and collect information to monitor progress.
- Services and progress are periodically reviewed by the FAPT team.
- Case managers work with families to update information, including the IFSP
  - ›Request continued services, which may include adding or reducing levels of service
  - ›Report back to the FAPT team at review meetings, until services end.
  - ›At the time of termination of services, case managers work with the family to conduct an updated assessment to document the student progress.

## CHILDREN'S SERVICES ACT FOR AT-RISK YOUTH (CSA)

The Children's Services Act (CSA) is a Virginia law enacted in 1993 that establishes a single state pool of funds to support services for eligible youth and their families. State funds, combined with local community funds, are managed by local interagency teams who plan and oversee services to youth.

The mission of the CSA is to create a collaborative system of services and funding that is child-centered, family-focused and community-based when addressing the strengths and needs of troubled and at-risk youth and their families in the Commonwealth.

For more information about CSA, go to <https://www.csa.virginia.gov/>.

## MAKE UP OF THE FAMILY ASSESSMENT AND PLANNING TEAM

Arlington's local CSA team is called the Family Assessment and Planning Team (FAPT). The FAPT is a multidisciplinary team that considers the needs and strengths of youth and families, identifies and reviews the services plan (described below), and makes recommendations to ensure the plan builds on the family's strengths and needs.

The FAPT consists of parent representatives, private providers, and staff from the Arlington County Department of Human Services (includes behavioral health, health and social services), court service units and schools.