

REEP ESL Curriculum for Adults

HEALTH UNIT LIFESKILLS PERFORMANCE OBJECTIVES LEVEL: 450

HEALTH UNIT GOAL

After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the healthcare system using level appropriate language skills.

NOTE: Be careful to maintain student privacy by using sample health-related scenarios when needed.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES:

1. Write an email requesting or giving advice about good health habits, nutrition, and home remedies.
2. Given a health-related problem, describe orally or in writing, symptoms, severity, and duration of an illness/injury using key details. Respond to questions using specific and relevant information.
3. Research and present information on a health-related problem.
4. Complete a medical form e.g. medical history, hospital admissions, and worker's compensation.
5. Identify public and private resources for healthcare in the community. Determine appropriate resources for specific scenarios. Communicate findings.
6. Analyze and critique the arguments made in a health-related advertisement.

Culminating Assessment Activities: [450](#): Researching Local Health Care Options

LIFESKILLS PERFORMANCE OBJECTIVES	FUNCTIONS & LANGUAGE	DIGITAL LITERACY INTEGRATION	RESOURCES	EXTENSIONS
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<p>1. Write an email requesting or giving advice about good health habits, nutrition, and home remedies.</p>	<p>Request advice: Do you think I should . . . Which restaurant would you recommend? Could you tell me . . . Express opinion/give advice: In my opinion, . . . Be sure to follow the instructions.</p> <p>Structures: Questions, Embedded questions; Imperatives</p>	<p>REEP Activity: Health 450 Alternative Medicine Webquest</p> <p>Use a class management tool, eg email, to correspond and provide feedback to students.</p> <p>Understand how to share links and attachments in class management tools and email.</p> <p>Produce, share, and discuss photos or video demonstrating the learning objective</p>	<p>REEP Lesson Plan: Health 450 Health Habits and Nutrition</p> <p><i>NorthStar Reading & Writing – Basic</i>, p. 119-137 <i>NorthStar Reading & Writing-Intermediate</i>, p. 55 – 66 <i>Navigator 2</i>, p. 81 – 86 <i>NorthStar Listening/Speaking, Basic</i>, p. 95 – 126 and p. 127-142 <i>Contact USA</i>, p. 47 – 60 <i>ExpressWays 3</i>, p. 132, 188 <i>Problem Solving</i>, p. 77-82 <i>Future 4</i>, 1st ed., 160-161 <i>Ventures 4</i>, 1st ed., 48-49 Home remedies Pharmacies and Medicines</p>	<p>Cross Culture: Preventative health care, alternative medicine, attitudes on weight, diets, exercise, drinking, etc.</p>
<p>2. Given a health-related problem, describe orally or in writing, symptoms, severity, and duration of an illness/injury using key details. Respond to</p>	<p>Report info: self I was working on a construction project when the scaffold fell on me.</p>	<p>Understand how to evaluate and vet websites</p> <p>Conduct online research and present findings in a</p>	<p><i>Problem-Solving</i>, p. 77-82 <i>Side by Side book 3, 3rd ed.</i>, p. 40, 61, 71 <i>Grammar In Action 2</i>, p. 170 – 175</p>	<p>Cross Culture: when to see a doctor</p> <p>Project Care Online Case Studies</p>

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<p>questions using specific and relevant information.</p>	<p>Report info: others He told me that his leg hurt. Express Condition: I have been feeling pain in my left leg. My leg feels stiff, and my arm hurts. I am feeling faint. I lost my balance when I stood up. Structures: Various verb tenses; Compound and complex sentences; Reported speech</p>	<p>word processing or presentation tool</p> <p>www.webmd.com</p>	<p><i>ExpressWays</i> 3, p. 133, 136, 188 <i>NorthStar Writing Activity (High Intermediate)</i>, p. 22-23 <i>Kaiser Permanente Healthwise Handbook</i> p. 1-2 <i>Future 4</i>, p. 148-149</p>	
<p>3. Research and present information on a health-related problem.</p>	<p>Request Information: "Where can I find.....?"</p> <p>Structures: Questions</p>	<p>Telephone Trees/Touch tone Menus Recorded Messages</p> <p>REEP Activity: Health 450 Culminating Activity</p> <p>Software: Spelling Fusion - People - Body & Health and Injuries</p> <p>www.webmd.com</p>	<p>Student generated list. Depending on what students generate, see resources suggested for levels 300 & 350 <i>Problem Solving</i>, p. 77-82 <i>Kaiser Permanente Healthwise Handbook</i>, p. 8-11 Telephone Blue Pages; Telephone Yellow Pages Brochures (hospitals, HMOs) The Arlington Free Clinic Arlington County</p>	<p>Cross culture: AIDS myths, talking to children about sex and diseases, domestic abuse and violence.</p> <p>Extension: Identify rights and responsibilities of health care consumers. <i>Kaiser Permanente Healthwise Handbook</i>, p. 15</p>

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			Hospital (Virginia Hospital Center) Self-help resources:	
4. Complete a medical form e.g. medical history, hospital admissions, and worker's compensation.	Sample Vocabulary: depends on what students bring	HHS.gov: My Family Health Portrait Tool	Medical forms, company brochures describing workman's compensation and sick leave policies Sample forms from students and online <i>Future 4</i> , 1st ed., pg. 147, 150-151, 275	Cross culture: worker's compensation, sick leave/disability policies
5. Identify public and private resources for healthcare in the community. Determine appropriate resources for specific scenarios. Communicate findings.		REEP Activity: Local healthcare services website info hunt		
6. Analyze and critique the arguments made in a health-related advertisement.		Select health-related advertisement video online (eg Youtube) and use a presentation tool (PowerPoint, Google Slides) to present findings and analysis Student groups collaborate to produce, share, and discuss their own health-related advertisement in a		

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		presentation tool or a video.		
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