

REEP ESL Curriculum for Adults

UNIT: HEALTH LIFESKILLS PERFORMANCE OBJECTIVES LEVEL: 200

HEALTH UNIT GOAL

After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the healthcare system using level appropriate language skills.

NOTE: Be careful to maintain student privacy by using sample health-related scenarios when needed.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES:

1. Given visuals, identify parts of the body, including basic internal organs.
2. Identify healthy habits and lifestyle choices.
3. Identify parts of a food label (serving size, calories, sugar, fat, sodium).
4. Make medical appointment by phone, describing problem and giving personal information.
5. Ask and respond to questions and describe illnesses and injuries including symptoms at the doctor's office.
6. Respond to common instructions from a nurse or doctor, e.g. lie on your back, roll up your sleeve, open your mouth, and take 2 Tylenol.
7. Complete simplified medical forms.
8. Given simplified medicine labels, identify quantity and frequency on prescription or nonprescription labels.
9. Given visuals of an emergency situation, simulate a 911 call and request assistance, giving name, location, and telephone number. Describe problem.
10. Given simplified resources, inquire about low/no cost healthcare and testing.
11. Report an absence from school or work and provide a simplified explanation for the absence (orally and in writing).

REEP ESL Curriculum for Adults

Culminating Assessment Activities: [200](#): Creating a Tip Sheet

LIFESKILLS PERFORMANCE OBJECTIVES	FUNCTIONS & LANGUAGE	DIGITAL LITERACY INTEGRATION	RESOURCES	EXTENSION
1. Given visuals, identify parts of the body, including basic internal organs.	Express condition: I have the flu. She has a headache. I cut my hand. Request/Give Advice: What does (should) she take? She should take Tylenol. Go to the doctor. Structures: Simple present; Past; Should; wh questions; Imperative	Ventures Arcade>Health - Level 2 Reepworld Health - The body Quizlet.com: Reepworld: Health Beginner John's Health Page Body Quiz Learning Chocolate: Body	<i>Oxford Picture Dictionary, 2nd Ed., (OPD 2) p. 104-107</i> <i>Stand Out 2, 2nd Ed., Unit 6 (Lesson 2)</i> <i>Lifelines 2, p. 81-84</i> <i>Going Places 2 p.91-96</i> <i>A Conversation Book 1, p. 125</i> <i>Survival English 1, 2nd Ed., p. 90-95, 114</i> <i>Ventures 2, 1st Ed., p. 44-46, 51</i> <i>Ventures 2 Workbook, 1st Ed., p. 40-43</i> Tapes: <i>Moving On, p.56-61</i> <i>Ready? Listen! p. 74-76</i>	Cross-cultural extension: What people do when they get sick
2. Identify healthy habits and lifestyle choices.	Give advice: Eat/drink less/more... Don't smoke. You should lose weight. Structures: Imperatives; Should	Reepworld Health - Healthy Life and Food	REEP Lesson Plan: Health 200 Healthy Food and Lifestyle Choices <i>Stand Out 2, 2nd Ed., Unit 6 (Lesson 1)</i>	Cross-culture: eating habits, exercise, etc.

REEP ESL Curriculum for Adults

			<i>Ventures 2, 1st Ed.</i> , p. 48-51 Student-generated habits.	
3. Identify parts of a food label (serving size, calories, sugar, fat, sodium).		Students take photos of nutrition labels of foods they regularly eat, share on class management tool or using document camera and projector, and identify vocabulary.		
4. Make medical appointment by phone, describing problem and giving personal information.	Report info about self/others: This is Mai Nguyen. Express condition: My daughter is sick. She has a terrible headache. Express need: I need to make an appointment. It is urgent. Structures: Simple present; Possessive adjectives	Online Listening Doctor's Appointment Use class management tool with audio calling to practice making a doctor's appointment, student to teacher and student to student. See REEP Video Smartphones in Adult ESL Instruction: Internet Calling	<i>Stand Out 2, 2nd Ed.</i> , Unit 6 (Lesson 3) <i>Picture Stories</i> p. 22 <i>Expressways Foundations</i> p. 52 <i>Survival Eng. 1, 2nd Ed.</i> , p. 96-97 <i>Future 2, 1st Ed.</i> , p. 128-127	Cross-culture: when to see a doctor, places for medical help; clinic; private doctor
5. Ask and respond to questions and describe illnesses and injuries including symptoms at the doctor's office.	Ask questions: When will the test results be back? What should I do? What is my temperature?	Reepworld Health - Health Problems Ventures Arcade>Health - Level 2	<i>Stand Out 2 2nd Ed.</i> , Unit 6 (Lesson 2) <i>Take Charge 1</i> p.104 <i>Survival English 2, 2nd Ed.</i> , p. 76, 84 <i>Ventures 2, 1st Ed.</i> , 48-51	Cross-culture tip: Doctor visits are usually very short. Write your questions before the visit. Take notes at the visit.

REEP ESL Curriculum for Adults

	Express condition: I feel hot and cold. My throat hurts. I have a sharp pain in my stomach. The pain is getting worse. Structures: Simple present; Present progressive; Wh questions	Health Problems Online Quiz Software: All Star 2	<i>Future 2, 1st Ed.</i> , p. 126-127	
6. Respond to common instructions from a nurse or doctor, e.g. lie on your back, roll up your sleeve, open your mouth, and take 2 Tylenol.		USA Learns.org > 1st course > Unit 16 Doctors and Medicine Learning Chocolate: Clinic		
7. Given simplified resources, Inquire about low/no cost health care and testing, including immunizations for children, AIDS testing, TB testing.	Seek/report info: location: Does Arlington have any low cost clinics? Where can I get immunizations for my child? You can go to Clarendon Education Center. Structures: Questions-wh- yes/no; Can	REEP Activity: Local healthcare services website info hunt	<i>Collaborations Beg 2</i> p. 76-77 Arlington Mini-Directory local phone books local agency brochures (Arlington Free clinic, Fenwick Center, Health Department) Arlington Free Clinic Community Services and Resources	Cross-culture: Cost of health care, Required immunizations and testing
8. Make medical appointment (doctor, dentist) by phone, describing problem and	Report info about self/others: This is Mai Nguyen.	Online Listening Doctor's Appointment	<i>Stand Out 2, 2nd Ed.</i> , Unit 6 (Lesson 3) <i>Picture Stories</i> p. 22 <i>Expressways</i>	Cross-culture: when to see a doctor, places for medical help; clinic; private doctor

REEP ESL Curriculum for Adults

<p>giving personal information. For the culminating assessment tasks, students will write their own dialogs.</p>	<p>Express condition: My daughter is sick. She has a terrible headache. Express need: I need to make an appointment. It is urgent. Structures: Simple present; Possessive adjectives</p>	<p>Software: Excellent English 2 - Unit 5 - Ailments & Injuries Students video record and share dialogs on class management tool or in class</p>	<p><i>Foundations</i> p. 52 <i>Survival Eng. 1, 2nd Ed.</i>, p. 96-97 <i>Future 2, 1st Ed.</i>, p. 128-127</p>	
<p>9. Ask and respond to questions and describe symptoms at the doctor's office.</p>	<p>Ask questions: When will the test results be back? What should I do? What is my temperature? Express condition: I feel hot and cold. My throat hurts. I have a sharp pain in my stomach. The pain is getting worse. Structures: Simple present; Present progressive; Wh questions</p>	<p>Reepworld Health - Health Problems Ventures Arcade>Health - Level 2 Health Problems Online Quiz Software: All Star 2 - Unit 8 - Health Software: Spelling Fusion - People - Body & Health and Injuries</p>	<p><i>Stand Out 2 2nd Ed.</i>, Unit 6 (Lesson 2) <i>Take Charge 1</i> p.104 <i>Survival English 2, 2nd Ed.</i>, p. 76, 84 <i>Ventures 2, 1st Ed.</i>, 48-51 <i>Future 2, 1st Ed.</i>, p. 126-127</p>	<p>Cross-culture tip: Doctor visits are usually very short. Write your questions before the visit. Take notes at the visit.</p>
<p>5. Fill out simplified medical forms, including immunization record</p>	<p>Asking for clarification: What does 'chronic' mean? Sample vocabulary: Patient Insurance</p>	<p>Online Health Form Reepworld Health - Health Problems</p>	<p>REEP Lesson Plan: Health 200 Medication Forms <i>Get Ready, Go, Home Free!</i> p. 31</p>	

REEP ESL Curriculum for Adults

	Policy number Immunization		<i>Expressways Foundations A</i> p. 53 <i>Lifeskills 2</i> , p. 74	
6. Report an emergency -- Call 911. Describe problem, request assistance and give personal identification information.	Report information: I need to report an accident. My son fell down the stairs. Answer questions: What is your address? What happened? Sample Language: car accident, heart attack, choking, breaking in, robbery Structures: Simple past need + infinitive	Reepworld Health : Emergencies Emergencies Online Quiz Use class management tool with audio calling to practice making 911 calls, student to teacher and student to student.	<i>Stand Out 2 2nd Ed.</i> , Unit 6 (Lesson 5) <i>Survival English 1, 2nd Ed.</i> , p. 98 <i>More Picture Stories</i> p.1-6 <i>English ASAP Bk 1</i> p. 89,96 <i>Ventures 2, 1st Ed.</i> , p. 52-53 <i>Future 2, 1st Ed.</i> , p. 206-211 Arlington 911 Video	Cross-culture: information expected by 911 operators, when to call, when not to call
7. Given simplified labels, identify quantity and frequency on prescription or non-prescription labels.	Report info: Take 2 pills a day. Ask questions: How many do I take? How often do I take it? Structures: Command form for instructions; Wh-questions	Reepworld Health : Medicine LaRue Medical Literacy Exercises and Quiz	<i>Stand Out 2 2nd Ed.</i> , Unit 6 (Lessons 4) <i>Going Places 2</i> p.87-98 <i>Ventures 2, 1st Ed.</i> , p. 47, 54 <i>Ventures 2 Workbook, 1st Ed.</i> , p. 41 <i>Future 2, 1st Ed.</i> , p. 132-133 Realia brought in by students and teacher. Teacher made labels.	Tip: check medicines before leaving pharmacy.