

REEP ESL Curriculum for Adults

HEALTH UNIT LIFESKILLS PERFORMANCE OBJECTIVES LEVEL: 100

HEALTH UNIT GOAL

After completing the unit lifeskills objectives, students will demonstrate their ability to access and navigate an aspect of the healthcare system using level appropriate language skills.

NOTE: Be careful to maintain student privacy by using sample health-related scenarios when needed.

HEALTH LIFESKILLS PERFORMANCE OBJECTIVES:

1. Given visuals, identify parts of the body.
2. Identify healthy food and lifestyle choices.
3. Identify parts of a food label (sugar, fat, and sodium).
4. Given visuals of emotions, ask and answer questions about feelings and emotions.
5. Given visuals of people who are sick or injured, ask and answer questions about illness or injury.
6. Respond to common instructions from a nurse or doctor, e.g. lie on your back, roll up your sleeve, open your mouth, and take 2 Tylenol.
7. Complete a simplified medical form.
8. Match visuals from simplified medicine labels with spoken and written instructions.
9. Given visuals of an emergency, simulate a 911 call and request assistance giving name, location, and telephone number.

Culminating Assessment Activities: [100](#): Going to the Doctor

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LIFESKILLS PERFORMANCE OBJECTIVES	FUNCTIONS & LANGUAGE	DIGITAL LITERACY INTEGRATION	RESOURCES	EXTENSIONS
1. Given visuals, identify parts of the body.	Report info: Head My shoulders His neck Her arms Structures: Possessives Singular/plural	Reepworld Health - The body Quizlet.com: Reepworld: Health Beginner John's Health Page Body Quiz Learning Chocolate: Body	<i>New Oxford Picture Dictionary (NOPD)</i> , p. 4-5 <i>Oxford Picture Dictionary, 2nd Ed. (OPD 2)</i> , p. 104-105 <i>Survival English 1, 2nd Ed.</i> p. 90, 91 <i>Basic Oxford Picture Dictionary (BOPD)</i> , p. 58-60 <i>LifePrints 1</i> , p. 88 <i>Ventures 1, 1st Ed.</i> p. 51 <i>Ventures 1 Workbook, 1st Ed.</i> , p. 44-48, 53 <i>Future Intro, 1st Ed.</i> , p. 178-179	

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<p>2. Identify healthy food and lifestyle choices.</p>	<p>Give info/express opinion: I exercise. I don't smoke. This is healthy. This is not healthy.</p> <p>Structures: Simple present; Negatives</p>	<p>Reepworld Health - Healthy Life and Food</p>	<p>REEP Lesson Plan: Health 100 Healthy Food and Lifestyle Choices</p> <p><i>OPD 2</i>, p. 68-71 <i>BOPD</i>, p. 64 <i>Stand Out 1, 2nd Ed.</i>, Unit 6 (Lesson 5) (use visuals, or use entire lesson with high students or mixed classes) <i>Stand Out 2, 2nd Ed.</i>, p. 101 (visuals) <i>Future Intro, 1st Ed.</i>, p. 96</p>	
<p>3. Identify parts of a food label (sugar, fat, and sodium).</p>		<p>Students take photos of nutrition labels of foods they regularly eat, share on class management tool or using document camera and projector, and identify vocabulary.</p>		

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<p>4. Given visuals of emotions, ask and answer questions about feelings and emotions.</p>	<p>Express/inquire about condition: How are you? How do you feel? What's the matter? I'm happy. I'm lonely. I feel homesick. Structures: Simple present Questions: wh & yes/no</p>	<p>Phone Emojis Learning Chocolate: Feelings</p>	<p><i>OPD 2</i>, p. 42-43 <i>Foundations</i>, p. 88-91 <i>LifePrints 1</i>, p. 50-53, 56-59 <i>Collaborations 1</i>, p. 16, 26, 28</p>	
<p>5. Given visuals of people who are sick or injured, ask and answer questions about illness or injury.</p>	<p>Express condition: My son is sick. He has a toothache. I need to make an appointment. Express/inquire about condition: What's the matter? I have a headache. He fell. She broke her arm. Does your back hurt? Yes, my back hurts. Structures: Simple present Simple past Possessive adjectives Questions: wh & yes/no</p>	<p>Reepworld Health - Health Problems Ventures Arcade>Health - Level 1/Basic Health Problems Online Quiz Software: All Star 1 - Unit 8 Health</p>	<p><i>OPD 2</i>, p. 110, 111 <i>Foundations</i>, p. 134-135, 143 <i>Survival English 1, 2nd Ed.</i>, p. 91-94 <i>Basic Oxford Picture Dictionary Literacy Program</i>, p. 176-177, 179 <i>Access</i>, p. 87 <i>LifePrints 1</i>, p. 89, 93 <i>Ventures 1, 1st Ed.</i>, p. 44-46, 48 <i>Ventures 1 Workbook, 1st Ed.</i>, p. 49, 51 <i>Future Intro, 1st Ed.</i>, p. 180-183</p>	<p>Arlington Free Clinic</p>

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<p>6. Respond to common instructions from a nurse or doctor, e.g. lie on your back, roll up your sleeve, open your mouth, and take 2 Tylenol.</p>		<p>USA Learns.org > 1st course > Unit 16 Doctors and Medicine</p> <p>Learning Chocolate: Clinic</p>		
<p>7. Complete a simplified medical form.</p>	<p>Sample Language: Patient's name Address Phone number</p>	<p>Reepworld Health: Health Problems > Medical Forms</p> <p>Online Simplified Health Forms</p> <p>Online Health Form</p>	<p><i>LifePrints 1</i>, p. 90 <i>Survival English 1</i>, p. 100 medical form</p>	
<p>8. Match visuals from simplified medicine labels with spoken and written instructions.</p>	<p>Make/Respond to requests for clarification: Please repeat. Please show me. Read instructions: Take four times a day. Finish this medication. Side effects</p> <p>Structures: imperative</p>	<p>Reepworld Health : Medicine</p> <p>LaRue Medical Literacy Exercises and Quiz</p>	<p><i>OPD 2</i>, p. 112 <i>Foundations</i>, p. 138-141 <i>A New Start</i>, p. 95-97 <i>Survival English 1, 2nd Ed.</i>, p. 102-103 <i>Access</i>, p. 89-90 <i>BOPDLP</i>, p. 178, 180 <i>Ventures 1, 1st Ed.</i>, p. 47 <i>Future Intro, 1st Ed.</i>, p. 186-187</p> <p>realia (medicine labels)</p>	

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<p>9. Given visuals of an emergency, simulate a 911 call and request assistance giving name, location, and telephone number.</p>	<p>Make request for assistance: Emergency! Police! Fire! Ambulance! Please hurry! Report info: My address is... My phone number is... Make/respond to requests: clarification: The spelling is... I don't speak English... Structures: Simple present Imperatives</p>	<p>Reepworld Health: Emergencies</p> <p>Use class management tool with audio calling to practice making 911 calls, student to teacher and student to student.</p>	<p>REEP Lesson Plan: Health 100 Emergency Phone Calls <i>OPD 2</i>, p. 116-117 <i>LifePrints1</i>, p. 14 <i>A New Start</i>, p. 27 <i>Access</i>, p. 91 <i>Survival English 1, 2nd Ed.</i>, p. 98 <i>BOPD</i>, p. 74, 75 <i>BOPDLP</i>, p. 185, 189-191 <i>Future Intro, 1st Ed.</i>, p. 184-185 Arlington Survival Video: 911 Picture Stories, Emergencies</p>	
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