

Therapeutic Recreation (TR) Office

February 2018



How to Contact TR

Unit Manager

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Program Support Coordinator

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Office Location

Therapeutic Recreation
Langston-Brown CC
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TTY: Relay 711



Do you like TR? Then please
"like" Arlington County
Therapeutic Recreation

SUMMER CAMPS

Summer Camps online registration opens Wed. 2/14 at 7am

TR camps for individuals with disabilities are:

- Adventure Quest: ages 12-21 Ratios 1:2/3
- Camp Discovery: ages 6-11 Ratios 1:2/3
- Project FIVE: ages 13-21 Ratios 1:5
- iCan Bike will not be offered this summer. *Due to construction renovations occurring at the originally intended facility and the inability to secure an alternate location that meets the needs of the program we will be unable to facilitate this camp in 2018.* iCan Bike website to find other possible locations is <https://icanshine.org/find-a-program/>

Adapted Classes

Contact: TR Programmer: Kristin Wilcox

Classes for winter are underway. Do you have any feedback or ideas for new classes or experiences? Let us know!

Family Fun

Contact: TR Programmer: Kristin Wilcox

This drop-in program is now on the 1st Friday of the month. Individuals with disabilities ages 4-17 and their family members are welcome. Next offering will be on Friday, March 2 from 6:30-8pm. \$1.50/person. Theme: Magical March

Social Clubs

Contact: TR Programmer: Katie Salyers

Each social club offers 2-3 activities per month ranging from social gatherings to community trips, volunteer experiences, performances and more. Please contact the TR Office at TRinfo@arlingtonva.us or 703-228-4740 to schedule an intake interview. Annual Membership Fee: \$45. Trip Fees are additional.

- **Teens Going Places** (ages 12-17)
- **Young Adults Going Places** (ages 18-29)
- **Adults Going Places** (ages 30+)

Inclusion Supports for Enjoy Arlington Classes

TR Programmers: Cat Trovato and Robyn Mitchell

Modification requests can be made in advance to enable us to plan for the best type of support or assistance. Based on requests, demonstrated need and available resources, we provide various inclusion support for participants with disabilities enrolled in a general recreation programs offered in the Enjoy Arlington Catalogue (EAC) that are run by DPR. We can also offer consulting support for contracted programs offered in the EAC. However, we do not have access to rosters when contractors do their own registrations. Please make sure to let contractor know once you have signed up what modifications you are requesting and we are happy to share any modification plans on file with your written permission.

Visit our website for more programs and information:

<http://parks.arlingtonva.us/therapeutic-recreation/>